

National Senior League (NSL) Coach Instructions

Starting the Season

- Protect your scorebook link like a password. Anyone with the link can add, change, and delete scores.
- Update community and coach information including alternate contacts for weekends and evenings.
- Returning communities receive a pre-initialized scorebook with prior season information.
- Add, change, or delete teams and team rosters. Teams must have 4 regular bowlers and up to 4 subs.
- Subs may be added later in the season but cannot be changed after scores are posted for that position.
- There is no limit how many teams a bowler may be assigned to as a regular or as a sub.
- Make sure bowlers on more than one team roster are on all rosters **with the same name spelling**.
- Bowlers on more than one team have one composite average and handicap calculated from all scores.

During the season:

- Post scores for every bowler at least once during two startup weeks for bowler and team averages.
- Post scores for up to four bowlers per game for two games per team every competition week.
- If less than four scores are posted, then missing bowler credit is given top down in team roster order.
- Leave missing bowler score blank for automatic missing score credit, their average minus 10 pins.
- Scorebooks are locked each week and imported to process. Attempts to alter locked cells are ignored.
- Contact the League Secretary **before Noon on Monday** to request prior week late scores or corrections.

Sample Community Scorebook for Fleet Landing

| Bowling Score Master Data Entry | | NSL20s National Senior League Spring 2020 | | | | | | | | | | | | |
|---|-------------------|---|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|----------------|-----------------|-----------------|-----------------|-----------------|
| Fleet Landing | | Atlantic Beach, FL | | | | | | | | | | | | |
| Margaret Carr, Janice Flock, Jim LeBlanc | | jleblanc@fleetlanding.com, jleblanc1@gmail.com, jleblanc1@att.net, 904-246-6900 x1243, 904-229-7375, 94 | | | | | | | | | | | | |
| Do NOT enter the league extra details. Admins & users to report any errors to avoid affecting the league. | | All scores are better than zero and all contracts are locked. | | | | | | | | | | | | |
| Enter 2 starting scores each week | | Playoff Weeks | | | | | | | | | | | | |
| for each bowler to establish averages | | | | | | | | | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | | |
| Feb 28 - Mar 6 | Mar 7 - Mar 13 | Mar 14 - Mar 20 | Mar 21 - Mar 27 | Mar 28 - Apr 3 | Apr 4 - Apr 10 | Apr 11 - Apr 17 | Apr 18 - Apr 24 | Apr 25 - May 1 | May 2 - May 8 | May 9 - May 15 | May 16 - May 22 | May 23 - May 29 | | |
| 1 | Webowlers | 235 | 171 | 170 | 201 | 210 | 178 | 212 | 210 | | | | | |
| 2 | Sandy Taylor | 244 | 246 | 193 | 218 | 268 | 214 | 247 | 209 | | | | | |
| 3 | Kathy Vanderbeck | 222 | 247 | 214 | 190 | 184 | 202 | 212 | 211 | | | | | |
| 4 | Karen LeBlanc | 258 | 200 | 247 | 256 | 245 | 278 | 258 | 258 | | | | | |
| 5 | Jim LeBlanc | | | | | | | | | | | | | |
| 6 | Dede Leclair | | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | | | |
| 9 | | | | | | | | | | | | | | |
| 10 | 2 | Feb 28 - Mar 6 | Mar 7 - Mar 13 | Mar 14 - Mar 20 | Mar 21 - Mar 27 | Mar 28 - Apr 3 | Apr 4 - Apr 10 | Apr 11 - Apr 17 | Apr 18 - Apr 24 | Apr 25 - May 1 | May 2 - May 8 | May 9 - May 15 | May 16 - May 22 | May 23 - May 29 |
| 11 | Lucky Strikers | | | 928 | 951 | 972 | 843 | | | | | | | |
| 12 | Jim LeBlanc | 288 | 226 | 211 | 259 | 277 | 268 | 300 | 279 | | | | | |
| 13 | Walter Kraslawsky | 199 | 209 | 235 | 244 | 236 | 247 | 248 | 214 | | | | | |
| 14 | Karen LeBlanc | 231 | 224 | 279 | 226 | 215 | 257 | 247 | 265 | | | | | |
| 15 | Nancy Stein | 191 | 227 | 208 | 224 | 200 | 189 | 177 | 185 | | | | | |
| 16 | Jim Iymer | | | | | | | | | | | | | |
| 17 | Kathy Vanderbeck | | | | | | | | | | | | | |
| 18 | | | | | | | | | | | | | | |
| 19 | | | | | | | | | | | | | | |
| 20 | 3 | Feb 28 - Mar 6 | Mar 7 - Mar 13 | Mar 14 - Mar 20 | Mar 21 - Mar 27 | Mar 28 - Apr 3 | Apr 4 - Apr 10 | Apr 11 - Apr 17 | Apr 18 - Apr 24 | Apr 25 - May 1 | May 2 - May 8 | May 9 - May 15 | May 16 - May 22 | May 23 - May 29 |
| 21 | Sea Miss | 723 | 796 | 725 | 751 | | | | | | | | | |
| 22 | Dick Sturtevant | 186 | 253 | 207 | 242 | 181 | 248 | 162 | 215 | | | | | |
| 23 | Karen Sturtevant | 204 | 181 | 204 | 256 | 196 | 216 | 206 | 208 | | | | | |
| 24 | John Neyhart | 223 | 169 | 186 | 174 | 199 | 181 | 177 | 176 | | | | | |
| 25 | Eric Hoeseler | 151 | 148 | 152 | 171 | 147 | 153 | 180 | 152 | | | | | |
| 26 | | | | | | | | | | | | | | |
| 27 | | | | | | | | | | | | | | |
| 28 | | | | | | | | | | | | | | |
| 29 | | | | | | | | | | | | | | |
| 30 | 4 | Feb 28 - Mar 6 | Mar 7 - Mar 13 | Mar 14 - Mar 20 | Mar 21 - Mar 27 | Mar 28 - Apr 3 | Apr 4 - Apr 10 | Apr 11 - Apr 17 | Apr 18 - Apr 24 | Apr 25 - May 1 | May 2 - May 8 | May 9 - May 15 | May 16 - May 22 | May 23 - May 29 |
| 31 | Rolling Pins | | | 911 | 858 | 784 | 851 | | | | | | | |
| 32 | Jim Iymer | 257 | 257 | 280 | 237 | 238 | 280 | 268 | 258 | | | | | |

Startup – 2 Weeks:

- Each team has 4 regulars bowlers and may add up to 4 subs any time during the season.
- Bowlers may be on multiple teams as either regulars or as subs without limit.
- Bowler average and handicap is a composite of every game bowled on any team during the season.
- If a bowler is on multiple teams, carefully make sure the name is spelled the same on every team.
- The team average is calculated weekly from the 4 regular bowlers only. (Subs do not affect team average.)

Conferences – 7 Weeks, 8-team Round Robin competitions for Conference Champion honors.

- Teams are grouped into conferences based on Startup Week team average.
- Each team plays a round robin against all other teams in its conference.
- Scoring is +2 pts per game for 2 games and +1 pt for total, with max +5 pts per week.
- Teams with the highest point total earn Conference Champion certificate honors.

Playoffs – 4 Weeks, all teams seeded into Single Elimination competitions for Division Champion honors.

- All teams are regrouped by their current average into 7 playoff divisions.
- The top 8 teams are assigned to Division 1 and begin their quarterfinal competition.
- The remaining teams are distributed into Divisions 2-7 and begin with a single elimination free-for-all.
- In Divisions 2-7, the top 8 scores from the free-for-all advance to quarterfinal competition.
- Champions and Finalists in each of the 7 divisions earn certificate honors and etched glass trophies.

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Bowling Technology Considerations

NSL encourages communities to use any available bowling technology to promote fun and camaraderie. However, different systems produce scores using different physics, which may create unfair advantages.

Beginning with the Fall 2026 season, NSL is analyzing results to determine whether teams using different console types (Wii, Switch, or Other) experience measurable scoring differences.

Coaches must specify their console type during registration. When enough diversity exists, NSL will attempt to group competition by console type.

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Honor System rules:

Rule #1 – Declare Practice vs. Tournament Play Before the First Ball

- Decide before frame 1 whether the game is practice or tournament play.
- If tournament play, count the next 10 frames exactly as bowled. Do not reset a bad start.
- Do not bowl extra games to obtain a better score.

Rule #2 – Play at Your True Skill Level

- Bowl to your best ability at all times.
- Do not intentionally underperform (“sandbag”) to improve your future placement or handicap.

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